

KUK SOOL WON™

2021 *European Tournament & Masters Exhibition*

Presented By



19th & 20th November 2021

Norwich

**Sportspark, University of East Anglia,
Norwich, Norfolk, NR4 7TJ**

Official Tournament Entry Form

Send completed applications to:
Kuk Sool Won Norwich School
Unit 10, 128 Hellesdon Park, Drayton High Road, Hellesdon
Norwich, Norfolk, NR6 5DR

Strong, Smart, Good. Martial Arts! Kuk Sool Won™



KUK SOOL WON™

2021 European Tournament & Masters Exhibition

Tournament Itinerary

Sportspark, University of East Anglia,
Norwich, Norfolk, NR4 7TJ

Friday 19th November 2021

4:00pm All Black Belts (Adults)

Please arrive at least 30 minutes early in case of early finish

Saturday 20th November 2021

*Please note that all Junior Black Belt divisions will take place in Hall
2. There will be separate registration tables on entry. Hall
assignments are subject to change.*

7:30am Late Registration

Hall 1

8:00am DBN/Brown Belts (13 - 17)

9:00am DBN/Brown Belts (12 & Under)

10:30am Red/Blue Belts (17 & Under)

11:30am Yellow/White Belts (17 & Under)

1:30pm All Under Black Belt ranks (Adults)

5:00pm Masters Exhibition

Hall 2

8:00am All Youth 2nd & 1st Dahn (13-17)

9:30am All 1st Dahn (12 & Under)

Please arrive at least 30 minutes early in case of early finish

Awards & Fees

Under Black Belts

1 division £35

2 divisions £40

3 divisions £45

4 divisions £55

Black Belts

1-2 divisions £45

3+ divisions £60

Late entry £5.00 / On the day £10.00

You will incur a late entry fee charge if registration is
received after 6th November 2021. No cheques accepted on
the day of the tournament.

Spectators

Adults £10.00 / Children £5.00 (Under 5s free)

Includes evening show of Masters Exhibition

Awards

All competitors will receive the Tournament Brochure
as a gift. Medals for 1st, 2nd, 3rd and 4th places.
Trophies for the Grand Champions.

Grand Champion Divisions

1st Dahn: Junior / Youth (Boys) / Youth
(Girls) / Men / Women / Senior

2nd Dahn: Youth / Men / Women / Senior

3rd Dahn: All ages

4th Dahn: All ages

*The above divisions are not guaranteed to be the
exact divisions awarded on the day. These can
change depending on the amount of people
competing in each division.*

Those wishing to enter for the Grand
Champion competition must enter all
divisions in their rank. Grand Champions will
be chosen by overall point accumulation.
Only Black Belts may compete for Grand
Champion. To be eligible for the Grand
Champion Award, participants must have a
minimum of one Gold Medal and the highest
overall points accumulated.

Winning Schools

The school with the most points will receive
an award and an embroidered velvet World
Kuk Sool Association (WKSA) flag. The
winning school will keep the flag until the next
year's tournament, at which time the winning
school will render the flag to the new winning
school. If a school wins the flag for three
consecutive years, it will retain the flag
permanently. Only first through to fifth places
will receive an award.

General Information

All Black Belts must report to the head table
for 7:30am on Saturday. All competitors
must wear a complete Kuk Sool uniform with
authorised markings only. All officials and
judges must wear their General's Uniform.
This tournament is governed by the WKSA
Tournament Rules and Guidelines and is only
open to members of the WKSA.

Safety equipment is required for all sparring
competitors. (Mandatory: boots, gloves,
headgear, mouthpiece and cup for men.
Optional: shin guards, breast protectors.)

We reserve the right to combine divisions.
Please note that in all divisions, except
sparring, men and women under Black Belt
will be combined.

Under Black Belt

| Rank | Adult (Age 18 & up) | Youth (Age 13-17) | Junior (Age 9-12) | Little Dragon (Age 8 & Under) | Weapons |
|----------------------|--|----------------------|----------------------------|----------------------------------|---|
| White | Ki Cho Hyung (1-3) | | Ki Cho Hyung (1-3) | Ki Cho Hyung (1-2) | None |
| | Ki Bon Soo (1-5) | | Ki Bon Soo (1-5) | Sohn Ppae Ki (1-5) | |
| Yellow | Ki Cho Hyung (4-6) | | Ki Cho Hyung (4-6) | Ki Cho Hyung (3-4) | |
| | Ki Bon Soo | | Ki Bon Soo (1-10) | Ki Bon Soo (1-5) | |
| Blue | Cho Geup Hyung | | Cho Geup Hyung | Ki Cho Hyung (5-6) | |
| | Sohn Mohk Soo | | Ki Bon Soo (1-15) | Ki Bon Soo (1-10) | |
| Red | Joong Geup Hyung | | Joong Geup Hyung | Cho Geup Hyung | Bong Dohl-li-ki All ages: 1-5 (3 times) |
| | Eue Bohk Soo | | Sohn Mohk Soo | Ki Bon Soo (1-15) | |
| Brown | Goh Geup Hyung | | Goh Geup Hyung | Joong Geup Hyung | |
| | Ahn Sohn Mohk Soo Maek Chi Gi | | Eue Bohk Soo | Sohn Mohk Soo | |
| DBN 4 & less stripes | Dae Geup Hyung | | Dae Geup Hyung | Goh Geup Hyung | |
| | Maek Cha Gi Joo Muhk Maga Ki Bohn Soo | | Ahn Sohn Mohk Soo | Eue Bohk Soo | |
| DBN 5 & more stripes | Guhm Moo Hyung | | Guhm Moo Hyung | Dae Geup Hyung | Bong Dohl-li-ki Junior & below: 6-10 (3 times) Adult & Youth: 11-15 (3 times) |
| | Joong Geup Sohn Mohk Soo Ahp Eue Bohk Soo | | Maek Chi Ki Maek Cha Ki | Ahn Sohn Mohk Soo | |

Black Belt

| Rank | Adult (Age 18 & up) | Youth (Age 13-17) | Junior (Age 12 & Under) | Little Dragon (Age 8 & Under) | Weapons | Breaking |
|-------------------------|---|---|---|----------------------------------|---|---|
| 1 st Dahn | Guhm Moo Hyung | | | | Adult/Youth/Junior Joong Bong Il Hyung Juhng Guhm Hyung | Spin Kick Left and Right High and Low 40 & over adjust height |
| | Dee Eue Bohk Soo Too Ki Yahng Sohn Mohk Sool | Dee Eue Bohk Soo Kwahn Juhl Ki Too Ki | Joong Geup Sohn Mohk Soo Ahp Eue Bohk Soo | Maek Chi Gi Maek Cha Gi | | |
| 2 nd Dahn | Baek Pahl Ki Hyung | | | | Dahn Bong Hyung (18 movements) Yuhk Guhm Hyung | Scissors Kick & Yahng Bahl Cha Ki 40 & over adjust height |
| | Gahk Doh Bub Go Geup Sohn Mohk Soo Goh Geup Eue Bohk Soo Jwah Ki / Wah Ki | Bahng Too Ki Yahng Sohn Mohk Soo Ssahng Soo | | | | |
| 3 rd Dahn | Kyuk Pah Hyung | | | | Dahn Ssahng Bong Dahn Ssahng Guhm | Sahm Bahng Cho Cha Ki 3 board breaks using 2 kicks and 1 hand strike all in one jump |
| | Ee In Ji Ahp Sool | | | | | |
| 4 th Dahn | Sahm Bahng Cho Hyung | | | | Chahng Hyung | None |
| | Poh Bahk Sool Jee Peng Ee Sool | | | | | |

Notes on divisions

For more details concerning competition requirements, see WKSA Standard Tournament rules, revised 2008. Etiquette is very important within Kuk Sool Won and competitors' manners and attitude will affect the judge's final score.

Stripe Belts are permitted and will compete in their appropriate RANK division (e.g. Yellow Stripe Belt at WHITE BELT division, Blue Stripe Belt at YELLOW BELT division, etc). The same rule applies for any extra stripes or tabs on the WKSA official ranking belts

Techniques Empty hand techniques to be performed with a partner before a panel of judges. The partner must fall correctly and falling is mandatory. Ask your instructor for the rank & age requirements for partnering

Sword & Staff Black Belts may enter both Staff and Sword divisions. If you enter both, they will be considered two separate divisions. No live (sharp) blades. Only the WKSA approved sword can be used.

Adults Black Belt competitors required to wear the official Kuk Sool General's uniform for All Weapons Divisions.

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Entry forms should be returned to your instructor for pre-registration

Name: Telephone:

Address:
.....

Date of birth:/...../.....

Age: Sex: F ☐ / M ☐

Rank:

I.D. No: (Mandatory)

School: Instructor's Name & Rank

White, Yellow, Blue, RedForms: ☐ Techniques: ☐ Sparring: ☐ ***Brown belts and DBN**Forms: ☐ Techniques: ☐ Sparring: ☐ * Staff: ☐**Black Belts (JKN / KSN / PSBN)**Forms: ☐ Techniques: ☐ Sparring: ☐ * Staff: ☐ Sword: ☐ Breaking: ☐**Black Belts (SBN)**Forms: ☐ Techniques: ☐ Spear: ☐

* Safety equipment is REQUIRED for all sparring competition. Mandatory: headgear, mouthpiece, cup for men, boots, and gloves. We recommend shin guards and / or breast protectors.

Method of Payment:Please tick: ☐ Cash / ☐ Cheque (Cheques are to be made payable to WKSA Ltd.)

Total amount to be charged: £..... Signature:

I, the undersigned, do, hereby voluntarily submit my application for attendance and participation in the Annual Kuk Sool Won Tournament and Masters' Exhibition (the latter if applicable) and hereby assume full responsibility for any and all damages, injuries, or losses that I may sustain or incur, if any, while attending or participating, and I waive all claims against promoters, operators, sponsors and directors of said otherwise for any claim for injuries that I may sustain. I fully understand that any medical treatment given to me will be of a first aid treatment type only. I consent that any pictures furnished by me or any pictures taken of me in connection with the championship can be used for publicity, promotion, or television shows, and I waive compensation in regards thereto. If under 18 years, this release and consent to also be signed by parent or guardian.

I also understand that the COVID pandemic is still prevalent and I take full responsibility for my participation in the above event and I will undertake any action I deem necessary to protect myself and others.

Signed: Date:

Parent/Guardian (if under 18 years of age):



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Hotel Accommodation

The Brook Hotel – Best Western

2 Barnard Road
Bowthorpe
NR5 9JB
01603 741161
(approx 15mins drive to UEA)

Roman Rye

Church Street
Dereham
Norfolk
NR19 1DL
01362 654160
(Approx 25min drive to UEA)

Premier Inns

Norwich City Centre (Dukes Street)
0871 527 8840
2.9miles from UEA

Norwich (Broadland Business park)
0871 527 8838
6.4miles from UEA

Norwich Airport
0871 527 8836
4.2miles from UEA

Norwich Showground
0871 527 8834
4.2miles from UEA

Norwich Nelson City centre
0871 527 8842
3.1miles from UEA

Holiday Inns

Norwich - Carrow Road
0871 423 4828
4.5miles from UEA

Express - Drayton High Rd
0871 423 4828
3.9 miles from UEA

Norwich - Ipswich Road
0871 423 4828
4.2 miles from UEA

Norwich North - Cromer Rd
0871 423 4828
3.6 miles from UEA

Maids Head

Tombland
Norwich
NR3 1LB
01603 209955
(Central Norwich location approx 20mins drive to UEA)

MJB Hotel & Apartments

Earlham Road
Norwich
NR2 3DB
01603 632711
(Central Norwich location approx 10mins drive to UEA)

Central Hotel

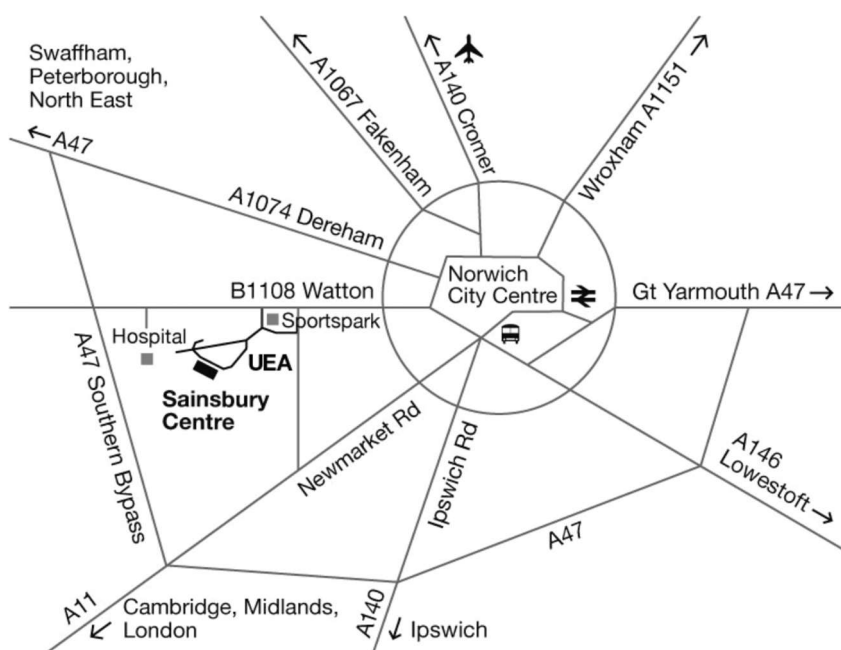
8/9 Riverside Road
Norwich
NR1 1SQ
01603 610498
(Central Norwich location approx 20mins drive to UEA)

Wensum Guest House

225 Dereham Road
Norwich
NR2 3TF
01603 621069
(approx 10mins drive to UEA)

Barnham Broom Hotel

Honningham Road
Norwich
NE9 4DD
01603 759393
(approx 15mins drive to UEA)





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Tournament Guidelines *

Divisions

Please be aware that there are no longer predecided age groups for competitors. Age groups will be selected in a manner that creates a fair and even split of competitors in each division, this entirely depends on numbers on the day of the tournament (this also applies to the number of grand champion trophies that are available). The split could be by age, gender (or both) and there must be at least 3 competitors to create a competition. Conversely, very large divisions could be split into multiple groups.

With this in mind it is imperative that the competitors/parents stay alert for their correct ring assignment when the time comes. Ring assignments will be announced over the PA system and also displayed on the projector screen(s) (where available).

Medals are awarded for 1st-4th place and when there are large groups, multiple medals 2nd-4th medals could be awarded (there will only ever be one 1st place awarded).

In the event of less than 4 competitors in a division, 1st, 2nd, 3rd and 4th medals are not a guarantee. Medals will be awarded accordingly based on their overall score against the 'gold standard' scoring system.

Sparring

Contact in WKSA sparring competitions is classed as 'light to no contact'. This means that it is possible to score a point when no contact has been made if the judges deem the competitor could have made contact but had the control not to. Scoring zones are to the front of the body and on the padded areas around the front and sides of the head. Strikes to the face, back of the head, arms, back and below the belt are not scored.

The judge(s) will shout 'break' when something is seen and the centre judge will then award a point if two out of the three judges agree on the location (head, body) and technique (punch, kick) that was thrown (kicks to the head count as two points).

Depending on the number of competitors in the division, byes will be chosen at random except where there are only three competitors, in this case a 'round robin' will take place. Judges will make every effort to ensure students from the same school don't spar against each other in the early rounds.

Breaking

Breaking competition is for adults (over 18) only. For JKN's the high board must be at a minimum of face height (top of the board chin height for 40+) and the low board must be at a maximum of the top of the board at knee height.

Number of boards broken is the first criteria for competitor placings. In the event of the same number of boards broken, style and execution are then taken into consideration.

Techniques

1. The partner can be only one rank above or below the competitor (e.g. white can partner yellow but not blue, red can partner blue or brown but not DBN)
2. Black belts cannot fall for DBN's or any ranks below them (e.g. KSN cannot fall for JKN)
3. Adults cannot partner children under 12
4. There must be no more than 6 inches height difference when an adult partners a youth (13-17)

Weapons

Only WKSA approved weapons are permitted for competition. The judges will check this before starting and ensure that weapons are provided in the case that the competitor does not have what is required. Dropping a weapon is an automatic disqualification.

Spectators

Please keep in mind that the judges of this tournament are unpaid WKSA practitioners. Their job is to endeavour to maintain a high quality of judging and the smooth running of their respective ring.

However, we do understand that despite their best efforts issues can arise. If there is something that you feel needs to be addressed, please contact one of the tournament officials who are on hand around the venue. Their job is to deal with any issues that may arise.

Thank you for your cooperation on this matter.

* Disclaimer

Please keep in mind that these are just guidelines for information purposes and are in no way a full list of tournament rules